

# CONGRATULATIONS ON TAKING THE FIRST STEP TOWARD BEING YOUR BEST!

This Is A Special Offer Only Made Available To Personal Contacts  
Of Mine That Received The Sms Message.

I Have Recently Opened My New 'Fitness Training & Rehab Centre'  
In Conjunction With Some Great Partners -

Joe Reweti - Crossfit Guru  
Tommy Dahlseng - Sports Physiotherapist

Urban Energy Now Offers A Greater Range Of Services Than Ever To  
Help People 'Be Their Best'.

We Have A Number Of Different Packages Available Including  
Memberships (1month - 12months) Or 10 Or 20 Session Casual Passes.

Our Special Offer To My Friends Is

## **50% OFF THE URBAN GOLD 3 MONTH MEMEBERSHIP**

(This Gives You Access To All Of Our Group Training Classes On Our Timetable.  
Fusion, Crossfit, Boxing, Bootcamp)

Normally \$77/week      For You Just \$38.50

Or A

## **50% OFF A 20 SESSION URBAN MULTI CASUAL PASS.**

(This Gives You Access To All Of Our Group Training Classes On Our Timetable.  
Fusion, Crossfit, Boxing, Bootcamp)

Normally \$320      For You Just \$160

**PLUS BONUS - GET UP TO 12 X 45 MINUTE PERSONAL TRAINING SESSION FOR JUST  
\$40 EACH WITH EITHER ONE OF THE ABOVE SPECIALS**

To redeem this offer simply call me to book in your first session.

Your friend in fitness and health.... Shane Dykstra Urban Energy Director  
Ph.0414456696

Go back to the main page to check our Group Fitness Timetable

THIS OFFER IS MUST BE  
BOOKED BY 1ST DECEMBER  
2011.

YOU MAY BEGIN USING YOUR  
PACKAGE OR MEMBERSHIP AS  
LATE AS FEBUARY 1ST 2012